

Japan Earthquake & Tsunami Victims

How Can You Help?

The recent 8.9 magnitude earthquake and resulting tsunami in northern Japan has had a devastating effect; according to InterAction, “10,000 people have lost their lives [and] millions of people have been affected by the disaster.” There are many local efforts underway to help those in need, as well as ways to help through international organizations. Below is a very brief list of ways to help, though there are many more you might find in your local communities. This should in no way be considered a comprehensive list! In addition, please be on the look-out for student organizations and/or departments at CSUF coordinating donation drives and be as generous as possible with your support to help those in need. All support organizations emphasize that **CASH DONATIONS** are by far the best way to efficiently and effectively help those in need.

Make a \$10 Donation by Text:

\$10 donation will show up on your next phone bill

- **ADRA Relief** : text SUPPORT to 85944
- **American Red Cross**: text REDCROSS to 90999.
- **Convoy of Hope** : text TSUNAMI or SUNAMI to 50555
- **GlobalGiving Japan Relief Fund**: text JAPAN to 50555
- **International Medical Corps** : text MED to 80888
- **Mercy Corps** : text MERCY to 25383
- **Salvation Army** : text JAPAN to 80888
- **Save the Children Federation, Inc.** : text JAPAN or TSUNAMI to 20222
- **World Relief Corp. of National Association of Evangelicals** : text WAVE to 50555
- **World Vision, Inc.:** text 4JAPAN or 4TSUNAMI to 20222

*Verizon Wireless is waiving text-messaging fees for disaster relief.

*AT&T is offering both wireless and wireline customers free calling to Japan. AT&T customers can also send free text messages to friends and family in Japan.

Donate Through Social Networking & Music Sites

- **Red Cross Causes on Facebook**: Donate \$10-\$500
- **Explore.org**: Will donate \$1 for every person who “likes” the “Dog Bless You” Facebook page up to \$100,000
- **Zynga in Partnership with Save the Children’s Japan Earthquake Tsunami Emergency Fund**: Donate by purchasing virtual goods in CityVille, FrontierVille, FarmVille, etc.
- **iTunes**: Donate \$5-\$200 to Red Cross

Select an Organization to Support

There are many organizations that are aiding in relief efforts for Japan. There are many listed below and you can find more online. **ALWAYS double-check any organization you plan to contribute to in order to ensure it is not fraudulent and that the aid goes to those in need.** You can use websites such as <http://charitynavigator.org/>, <http://justgive.org/>, and <http://www.bbb.org/us/charity/>.

Monetary donations to the organizations below will go toward a variety of necessities such as medical supplies, food, water, blankets, sanitation, shelter, recovery and rebuilding. Specify you are responding to the Japan Tsunami Relief Efforts.

Adventist Development and Relief Agency International: 1-800-424-2372 or <http://www.adra.org>

AidMatrix: <http://www.aidmatrix.org/japan.htm>

All Hands Volunteers: 919-830-3573 or <http://www.hands.org/donate/japan-tsunami>

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American Jewish Joint Distribution Committee: 212-687-6200 <http://jdc.org>
American Red Cross International Services: 1-800-RED-CROSS or <http://www.redcross.org>
AmericCare: 203-658-9500 or <http://americares.org>
Ananda Marga Universal Relief Team (AMURT): 301-738-7122 or <http://www.amurt.net>
Baptist World Alliance/Baptist World Aid: 703-790-8980 or <http://www.bwanet.org>
Brother's Brother Foundation: 412-321-3160 or <http://brothersbrother.org>
Buddhist Tzu Chi Foundation: 1-888-989-8244 or <http://www.us.tzuchi.org/usa/home.nsf/other/donatecharity>
Catholic Relief Services: 1-877-HELP-CRS or <http://crs.org>
Christian Reformed World Relief Committee: 800-55-CRWRC or <http://www.crwrc.org>
Church World Service: 800-297-1516 or <http://www.churchworldservice.org>
Direct Relief International: 805-964-4767 or <http://www.DirectRelief.org>
Doctors Without Borders: 1-888-392-0392 or <https://donate.doctorswithoutborders.org>
Episcopal Relief & Development: 800-334-7626 or <http://www.er-d.org>
Giving Children Hope: 714-523-4454 or <http://gchope.org>
GlobalGiving: <http://www.globalgiving.org/>
Habitat for Humanity International: 800-Habitat or <http://habitat.org>
Handicap International: 301-891-2138 or <http://handicap-international.us>
International Fund for Animal Welfare: 800-932-4329 or <http://ifaw.org>
International Medical Corps: 800-481-4462 or <http://internationalmedicalcorps.org>
International Rescue Committee: 877-733-8433 or <http://www.rescue.org>
Japan America Society of Southern California: www.jas-socal.org
The Japanese Cultural and Community Center of Northern California (JCCCNC): 415-567-5505 or www.jcccnc.org or use <http://kokusjapan.org> to be part of the donation matching program.
Mayor's Fund to Advance New York City for Japan Earthquake and Tsunami Fund: <https://www.nyc.gov/html/fund/html/donate/donate.shtml>
Mercy Corps: 800-852-2100 or <https://www.mercycorps.org/donate/japan>
NetHope: <http://www.nethope.org/>
The Nippon Foundation Northeastern Japan Earthquake and Tsunami Relief Fund: <http://www.nippon-foundation.or.jp/eng/news/EarthquakeDonations.html>
Operation Blessing: 800-730-2537 or <http://www.operationblessing.org>
Operation USA: 800-678-7255 or <http://www.opusa.org>
Oxfamamerica: <http://oxfamamerica.org/>
Relief International: 310-478-1200 or <http://www.ri.org>
Salvation Army World Service Office: 800-SAL-ARMY or <http://donate.salvationarmyusa.org>
Save the Children: 800-728-3843 or <http://savethechildren.org>
Shelterbox: 941-907-6036 or www.shelterbo.org
US Fund for UNICEF: 800-367-5437 or <http://www.unicefusa.org>
U.S. State Department: <http://www.state.gov/>
World Concern: 1-866-530-5433 or www.Worldconcern.org
World Food Programme: www.wfp.org
World Vision, United States: 800-777-5777 or <http://www.worldvision.org>

Donate Items

Once again, **monetary donations are priority**, however a few places to donate goods are listed below and you can do additional research in your local region. According to the United Way, "Unsolicited, spontaneous donations of goods and services from individuals and community groups, though well intentioned, have hidden costs and pose a number of complications for recovery efforts. **United Way does not recommend sending unsolicited product donations to Japan.** However, organizations that generally accept donations:

AidMatrix Network: Find out more at: www.aidmatrix.org or call 1-469-357-3185.

Gifts In Kind International: Primarily for corporate donors who give product donations in large amounts. You can find out more at: www.giftsinkind.org or call 1-703-836-2121.

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How Can You Help?

Volunteer

Although there is a strong desire to hop on a plane and volunteer one's time, there are many things to consider first to help in the best way possible. According to InterAction, "In the aftermath of humanitarian crises, it is critical that the response of the international community is immediate and well-coordinated in order to save as many lives as possible:

- Volunteers are asked to have previous disaster or international experience or technical skills (for example, medicine, communications, logistics, water/sanitation, engineering), and are usually from neighboring communities not affected by the disaster.
- Well-intentioned foreigners, lacking technical skills, disaster experience and familiarity with the local culture and language, can seriously complicate relief efforts.
- Those with technical skills or international experience who would like to volunteer should register with the Center for International Disaster Information (CIDI).

If you do not meet these requirements, consider getting involved in local efforts in your own communities to raise funds and support the tsunami victims in other ways from here.

Center for International Disaster Information: Mobile Donations Outreach Teams

Community leaders or members of organizations that want to offer disaster relief need to know the best ways to do this and are encouraged to meet with an MDOT (for groups of 10 or more). Mobile Donations Outreach Teams (MDOTs) are comprised of trained disaster relief professionals ready to meet with civic associations, church groups, or other entities around the United States.

Contact: mdot@cidi.org or visit <http://www.cidi.org/> for more info.

Status of Family in Japan

U.S. State Department: Call 1-888-407-4747 or email JapanEmergencyUSC@state.gov or visit http://travel.state.gov/travel/tips/emergencies/emergencies_1212.html

Google Crisis Response: www.google.co.jp/intl/en/crisisresponse/japanquake2011.html

Google People Finder: <http://japan.person-finder.appspot.com/?lang=en>

Sources & More Information

The organizations listed above are not in any way to be considered a comprehensive list, but rather a starting point. They were compiled primarily from the below websites, and you can find additional organizations and support efforts by visiting these sources and looking for regular updates.

<http://www.cidi.org>

<http://www.interaction.org/crisis-list/interaction-members-support-japan-earthquake-response>

<http://www.interaction.org/how-help>

<http://www.ktla.com>

http://www.msnbc.msn.com/id/3032507/ns/world_news

<http://www.myfoxtla.com/dpp/news/local/japan-relief-how-you-can-help-20110314>

<http://www.unitedway.org>

<http://www.usaid.gov/>

<http://www.whitehouse.gov/>

The Crisis Will Continue – As the weeks and months pass, remember that the relief efforts in Japan will be a long and ongoing process. So, give now and then consider giving again in the rebuilding months and years to come. Continue to support other disaster-struck areas over time as well.

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If you know of other local efforts, please contact us so we can have the information on hand.